

BIOGRAPHICAL SKETCH

Name: Doblin, Richard Elliot

ORCID ID: 0001-7361-8168

Position Title: Founder and President

ORGANIZATION AND LOCATION

Name: Multidisciplinary Association of Psychedelic Studies (MAPS)

Location: 3141 Stevens Creek Blvd #40563, San Jose, CA 95117

PROFESSIONAL PREPARATION

Harvard University, John F. Kennedy School of Government

Cambridge, Massachusetts, United States

Ph.D., Public Policy; Master of Public Policy

Start Date: 1991

End Date: 2001

New College of the University of South Florida

Sarasota, Florida, United States

Bachelor of Arts, Psychology

Start Date: 1971

End Date: 1972

Start Date: 1982

End Date: 1987

PRODUCTS

Doblin, R. (2019). The Future of Psychedelic-Assisted Therapy. TED Talk.

https://www.ted.com/talks/rick_doblin_the_future_of Psychedelic Assisted Psychotherapy

Product Type: Website / Educational Resource

Doblin, R. (2020). Rick Doblin: Origin Story. MAPS.

https://www.youtube.com/watch?v=4s_j2OJOhrI

Product Type: Website / Narrative History

Doblin, R. (2001). *Regulation of the Medical Use of Psychedelics and Marijuana*. Doctoral Dissertation, Harvard University, Graduate School of Education.

<https://maps.org/research-archive/dissertation/dissertation.pdf>

Product Type: Doctor of Philosophy (Ph.D.), Public Policy, Harvard University

Publications

van der Kolk, B. A., Wang, J. B., Yehuda, R., Bedrosian, L., Coker, A. R., Harrison, C., Mithoefer, M., Yazar-Klosinski, B., Emerson, A., & **Doblin, R.** (2024). Effects of MDMA-assisted therapy for PTSD on self-experience. *PLOS ONE*, 19(1), e0295926.

<https://doi.org/10.1371/journal.pone.0295926>

Mitchell, J. M., Ot'abora G, M., van der Kolk, B., Shannon, S., Bogenschutz, M., Gelfand, Y., Paleos, C., Nicholas, C. R., Quevedo, S., Balliett, B., Hamilton, S., Mithoefer, M., Kleiman, S., Parker-Guilbert, K., Tzarfaty, K., Harrison, C., de Boer, A., **Doblin, R.**, Yazar-Klosinski, B., Garas, W., May, D., Marta, C., Walker, S., Nielson, E., Wells, G., Brown, R., Amiaz, R., Wallach, Y., Worthy, R., Lilienstein, A., & Emerson, A. (2023). MDMA-assisted therapy for moderate to severe PTSD: A randomized, placebo-controlled phase 3 trial. *Nature Medicine*, 29(10), 2473–2480. <https://doi.org/10.1038/s41591-023-02565-4>

Mitchell, J. M., Bogenschutz, M., Lilienstein, A., Harrison, C., Kleiman, S., Parker-Guilbert, K., Ot'abora G, M., Garas, W., Paleos, C., Gorman, I., Nicholas, C., Mithoefer, M., Carlin, S., Poulter, B., Mithoefer, A., Quevedo, S., Wells, G., Klaire, S. S., van der Kolk, B., Tzarfaty, K., Amiaz, R., Worthy, R., Shannon, S., Woolley, J. D., Marta, C., Gelfand, Y., Hapke, E., Amar, S., Wallach, Y., Brown, R., Hamilton, S., Wang, J. B., Coker, A., Matthews, R., de Boer, A., Yazar-Klosinski, B., Emerson, A., & **Doblin, R.** (2023). MDMA-assisted therapy for severe PTSD: A randomized, double-blind, placebo-controlled phase 3 study. *Focus (American Psychiatric Publishing)*, 21(3), 315–328. <https://doi.org/10.1176/appi.focus.23021011>

Feduccia, A. A., Jerome, L., Yazar-Klosinski, B., Emerson, A., Mithoefer, M. C., & **Doblin, R.** (2023). Breakthrough for trauma treatment: Safety and efficacy of MDMA-assisted psychotherapy compared to paroxetine and sertraline. *Focus (American Psychiatric Publishing)*, 21(3), 306–314. <https://doi.org/10.1176/appi.focus.23021013>

Singleton, S. P., Wang, J. B., Mithoefer, M., Hanlon, C. A., George, M. S., Mithoefer, A. T., Mithoefer, O., Coker, A. R., Yazar-Klosinski, B., Emerson, A., Kuceyeski, A., & **Doblin, R.** (2023). Altered brain activity and functional connectivity after MDMA-assisted therapy for post-traumatic stress disorder. *Frontiers in Psychiatry*, 13, Article 947622. <https://doi.org/10.3389/fpsyt.2022.947622>

Barnett, B. S., Ziegler, K., **Doblin, R.**, & Carlo, A. D. (2022). Is psychedelic use associated with cancer? Interrogating a half-century-old claim using contemporary population-level data. *Journal of Psychopharmacology*, 36(10), 1118–1128. <https://doi.org/10.1177/02698811221117536>

Ching, T. H., Williams, M. T., Wang, J. B., Jerome, L., Yazar-Klosinski, B., Emerson, A., & **Doblin, R.** (2022). MDMA-assisted therapy for posttraumatic stress disorder: A pooled analysis of ethnracial differences in efficacy and safety from two phase 2 open-label lead-in trials and a

phase 3 randomized, blinded placebo-controlled trial. *Journal of Psychopharmacology*, 36(8), 974–986. <https://doi.org/10.1177/02698811221104052>

Ching, T. H. W., Williams, M. T., Reed, S. J., Kisicki, M. D., Wang, J. B., Yazar-Klosinski, B., Emerson, A., & **Doblin, R.** (2022). MDMA-assisted therapy for posttraumatic stress disorder: A mixed-methods case study of a participant of color from an open-label trial. *Journal of Humanistic Psychology*. <https://doi.org/10.1177/00221678221076993>

Brewerton, T. D., Wang, J. B., Lafrance, A., Pamplin, C., Mithoefer, M., Yazar-Klosinski, B., Emerson, A., & **Doblin, R.** (2022). MDMA-assisted therapy significantly reduces eating disorder symptoms in a randomized placebo-controlled trial of adults with severe PTSD. *Journal of Psychiatric Research*, 149, 128–135. <https://doi.org/10.1016/j.jpsychires.2022.03.008>

Nicholas, C. R., Wang, J. B., Coker, A., Mitchell, J. M., Klaire, S. S., Yazar-Klosinski, B., Emerson, A., Brown, R. T., & **Doblin, R.** (2022). The effects of MDMA-assisted therapy on alcohol and substance use in a phase 3 trial for treatment of severe PTSD. *Drug and Alcohol Dependence*, 233, 109356. <https://doi.org/10.1016/j.drugalcdep.2022.109356>

Barnett, B. S., Beaussant, Y., King, F., IV, & **Doblin, R.** (2022). Psychedelic knowledge and opinions in psychiatrists at two professional conferences: An exploratory survey. *Journal of Psychoactive Drugs*, 54(3), 269–277. <https://doi.org/10.1080/02791072.2021.1957183>

Wang, J. B., Lin, J., Bedrosian, L., Coker, A., Jerome, L., Feduccia, A., Lilienstein, A., Harrison, C., Heimler, E., Mithoefer, M., Mithoefer, A., Ot'alara G., M., Poulter, B., Carlin, S., Matthews, R., Yazar-Klosinski, B., Emerson, A., & **Doblin, R.** (2021). Scaling up: Multisite open-label clinical trials of MDMA-assisted therapy for severe posttraumatic stress disorder. *Journal of Humanistic Psychology*. <https://doi.org/10.1177/00221678211023663>

Mitchell, J. M., Bogenschutz, M., Lilienstein, A., Harrison, C., Kleiman, S., Parker-Guilbert, K., Ot'alara G., M., Garas, W., Paleos, C., Gorman, I., Nicholas, C., Mithoefer, M., Carlin, S., Poulter, B., Mithoefer, A., Quevedo, S., Wells, G., Klaire, S. S., van der Kolk, B., Tzarfaty, K., Amiaz, R., Worthy, R., Shannon, S., Woolley, J. D., Marta, C., Gelfand, Y., Hapke, E., Amar, S., Wallach, Y., Brown, R., Hamilton, S., Wang, J. B., Coker, A., Matthews, R., de Boer, A., Yazar-Klosinski, B., Emerson, A., & **Doblin, R.** (2021). MDMA-assisted therapy for severe PTSD: a randomized, double-blind, placebo-controlled phase 3 study. *Nature Medicine*, 27(6), 1025–1033. <https://doi.org/10.1038/s41591-021-01336-3>

Roseman, L., Ron, Y., Saca, A., Ginsberg, N., Luan, L., Karkabi, N., **Doblin, R.**, & Carhart-Harris, R. (2021). Relational processes in ayahuasca groups of Palestinians and Israelis. *Frontiers in Pharmacology*, 12, 607529. <https://doi.org/10.3389/fphar.2021.607529>

Bonn-Miller, M. O., Sisley, S., Riggs, P., Yazar-Klosinski, B., Wang, J. B., Loflin, M. J. E., Shechet, B., Hennigan, C., Matthews, R., Emerson, A., & **Doblin, R.** (2021). The short-term impact of three smoked cannabis preparations versus placebo on PTSD symptoms: A randomized cross-over clinical trial. *PLOS ONE*, 16(3), e0246990. <https://doi.org/10.1371/journal.pone.0246990>

Mithoefer, M. C., Mithoefer, A., Feduccia, A., Jerome, L., Wagner, M., Holland, F., Hamilton, S., Yazar-Klosinski, B., Emerson, A., & **Doblin, R.** (2019). MDMA-assisted psychotherapy for PTSD: A promising novel experimental treatment moving into phase 3 trials with FDA breakthrough therapy designation. *European Neuropsychopharmacology*, 29, S11–S12. <https://doi.org/10.1016/j.euroneuro.2018.11.930>

Hake, H., Davis, J., Wood, R., Tanner, M., Loetz, E. C., Sanchez, A., Ostrovsky, M., Oleson, E. B., Grigsby, J., **Doblin, R.**, & Greenwood, B. (2018). 3,4-Methylenedioxymethamphetamine (MDMA) impairs the extinction and reconsolidation of fear memory in rats. *Physiology & Behavior*, 199. <https://doi.org/10.1016/j.physbeh.2018.12.007>

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Feduccia, A. A., Mithoefer, M. C., Jerome, L., Holland, J., Emerson, A., & **Doblin, R.** (2017). Response to the consensus statement of the PTSD psychopharmacology working group. *Biological Psychiatry*. <https://doi.org/10.1016/j.biopsych.2017.11.023>

Wagner, M. T., Mithoefer, M. C., Mithoefer, A. T., MacAulay, R. K., Jerome, L., Yazar-Klosinski, B., & **Doblin, R.** (2017). Therapeutic effect of increased openness: Investigating mechanism of action in MDMA-assisted psychotherapy. *Journal of Psychopharmacology*, 31(8), 967–974. <https://doi.org/10.1177/0269881117711712>

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Mithoefer, M. C., Wagner, M. T., Mithoefer, A. T., Jerome, L., Martin, S. F., Yazar-Klosinski, B., Michel, Y., Brewerton, T. D., & **Doblin, R.** (2013). Durability of improvement in post-traumatic stress disorder symptoms and absence of harmful effects or drug dependency after

MDMA-assisted psychotherapy. *Journal of Psychopharmacology*, 27(1), 28–39.
<https://doi.org/10.1177/0269881112456611>

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<https://www.scribd.com/document/344525869/Psychedelics-as-Catalysts-of-Insight-Oriented-Psychotherapy>

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<https://doi.org/10.1200/jco.1991.9.7.1314>

Doblin, R., & Kleiman, M. (1991). The medical use of marijuana. *Annals of Internal Medicine*, 114(9), 809–810. https://doi.org/10.7326/0003-4819-114-9-809_3