

## Nestor Szerman MD (Psychiatrist)

Dr Szerman received his medical degree from the Complutense University of Madrid, Spain and completed residency in psychiatry at the Clinical University Hospital San Carlos, Madrid.

Currently, he is Head of the “Retiro” Mental Health Service at the Gregorio Marañón University Hospital in Madrid, Spain.

He is a member of the Spanish State Council for Addictions and also the Advising Psychiatrist for the fields of Alcoholism and Dual Disorders for the Madrid Public Mental Health Administration.

Dr Szerman is an Associate Professor for the MSc Drug-Dependence course at the Complutense University of Madrid.

Dr Szerman is a member of numerous societies including an “international fellow of the American Psychiatric Association,” the Spanish Society of Psychiatry and he was the President of the Spanish Society of Dual Disorders – Addiction and other mental disorders (SEPD) for more than ten years (2005-2016).

He is the current president of the Dual Disorders Foundation (2016). In 2017 the Dual Disorders Foundation received two awards: firstly for the "Best Digital Awareness Campaign" at the annual Global Health PR awards- an international network of independent health communication agencies, and the second prize for the "Best Intervention Program for Patients and/or Families with dual disorders" at the Albert Jovell Awards.

Dr Szerman has been the Chair of the WPA Section of Dual Disorders (World Psychiatric Association) since 2014. He was one of the Chairs of the Pan-American Health Organization Consensus of Dual Disorders (World Health Organization) in 2016.

Dr. Szerman has been a member of various consensus panels that have drawn up extensive guidelines regarding the treatment of addictive disorders and other psychiatric illnesses.

His principal research interests include addiction and dual disorders such as personality disorders, ADHD and psychosis, and he was involved in creating the treatment guidelines for Bipolar Disorders which are associated with substance abuse and the development of the newest advances in the European guidelines on opioid use disorder.

Dr. Szerman has published a number of papers in international journals, as well as numerous book chapters, and he has edited many different scientific and educational books regarding his field of research.