

1. Titre du résumé :

Borderline personality disorder and comorbid alcohol use: association with uncertainty and dissociation

2. Coordonnées des co-auteurs :

O. GAUMONT, P. LOUVILLE

Unité d'Addictologie, Service de Psychiatrie et d'Addictologie de l'Adulte et du Sujet Âgé, Hôpital Corentin-Celton (AP-HP)

Issy-les-Moulineaux, France

3. Coordonnées de l'auteur principal qui sera le contact pour le Congrès de L'ALBATROS/WADD :

LOUVILLE Patrice

Unité d'Addictologie, Service de Psychiatrie et d'Addictologie de l'Adulte et du Sujet Âgé, Hôpital Corentin-Celton (AP-HP)

Issy-les-Moulineaux, France

06 11 37 20 24

patrice.louville@aphp.fr

4. Description précise des objectifs

Objectives. The aim of this research was to study the relationship between intolerance to uncertainty, difficulties in emotional regulation, dissociation, anxiety, depression and borderline symptomatology, history of childhood trauma and history of suicide attempts in a group of patients with borderline personality disorder and alcohol use disorder, in comparison with other individuals with borderline personality disorder only.

5. Matériel et méthodes

Method. Forty-seven individuals, including 37 women and 10 men, treated at Corentin-Celton Hospital, participated in this study. The mean age was 38 years. Participants completed a sociodemographic questionnaire, a substance use questionnaire, a risky behavior questionnaire, the Borderline Symptoms List 23, the Intensity of Addictive Behavior Questionnaires (alcohol and cannabis), the Hospital Anxiety and Depression Scale, the Intolerance of Uncertainty Scale, the Difficulties in Emotion Regulation Scale, the Dissociative Experiences Scale, and the Childhood Trauma Questionnaire – Short Form.

6. Résultats et conclusions

Results. Individuals diagnosed with borderline personality disorder and alcohol addiction had significantly higher frequency of suicide attempts compared with individuals with borderline

personality disorder alone. Within borderline personality disorder and alcohol addiction, emotional regulation difficulties correlated with borderline and anxiety-depression symptomatology, dissociation, childhood trauma, number of suicide attempts and age of first suicide attempt. Intolerance of uncertainty is associated with emotional regulation difficulties, dissociation, and emotional and sexual abuse. Dissociation was associated with emotional and sexual abuse. These correlations are all significant.

Discussion. Because intolerance of uncertainty appears to be related to several elements within this comorbidity, it may represent a focus for management of borderline personality disorder and alcohol addiction. Psychoeducation and cognitive restructuring can be evoked to work on this dimension.

7. Liens d'intérêt :

Orane GAUMONT et Patrice LOUVILLE ne déclarent aucun lien d'intérêt en lien avec cette étude.