

Proposition de communication pour la session Jeunes « the Voice of addiction »

A narrativo-clinical approach to the challenge of the notion of void in addiction clinic

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Objectives: the literature is scattered with references to the experience or the feeling of a void in subjects with "addictive" behaviors. However, the void seems to lack clear and rigorous conceptualization. Based on the review of the literature on the notion of the void in the addiction clinic, we will offer an original interpretation of the void in a metapsychological thought that calls on narrative and sociological thinking.

Method: A literature search was conducted with databases PsycInfo and PubMed by crossing the void keywords, with the addiction keywords. We added additional references from the manual search of journal articles on Google Scholar and Cairn.

Results: in addiction clinic, the void appears as a feeling, a state, or a space to be filled or avoided. It is a form of contemporary suffering, and manifests itself, in our contemporary societies, in the very attempt to fill it.

Discussion: We propose to explore certain forms that the void takes and to question the paradoxical relations that link it to the notion of narration. We distinguish and contrast several forms of void - the *narrative void* and the *a-narrative void* - organized around different relationships to narrative. We assume that the toxic is structured in and by the story. We propose to understand this story as a "fixion".

A bridge between the sociological approach and the narrative proposition is possible: "fixion" could be seen as the solution found / created to construct an illusion of adaptation to the "dislocation" induced by our contemporary societies. By this proposition, we open the way to unexplored modalities of analysis and understandings of addiction.

Conclusion: The psychotherapeutic task would consist in supporting the narrative elaboration and a poetics of the void that allows the subject to engage in a work of historization and subjectivation.

Keywords: Void, Addiction, Narration, Subjectivation, Historization

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