Changes in the consumption of psychoactive substances by people incarcerated at the Villeneuve-Lès-Maguelone prison during first lockdown linked to Covid 19.

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The SARS-CoV2 pandemic reached France in January 2020 leading to the first lockdown of the population from March 17 until May 11, 2020, in order to regulate virus spreading. Therefore consequent containment measures were set up in prison with the cancellation of visiting rooms and a huge reduction of social activities.

An increased use of psychoactive substance (PAS), already higher than in the general population, was noticed. This was enhanced with the stress of the containment.

On the other hand we experienced a decrease in the availability of PASs.

An observational study was carried out among inmates to monitor the consumption of PAS during this period. Anonymous questionnaires were distributed to assess pre and per containment consumption.

Results show that tobacco and cannabis use increased, whilst cocaine decreased. No change in other PAS use was found.

Stress, isolation and boredom were cited as factors that may have influenced their consumption.

The lack of availability of PASs as well as an increased cost during this period were also expressed and could have favored a reduction in consumption.

Finally, patients noticed the decrease of the number of the health unite consultations: an adaptation of patients addictological care has to be developed consequently.

no link of interest